



Ayre Manor Newsletter

MAY 2019

Happy Mother's Day

My Mother kept a garden,
A garden of the heart.
She planted all the good things
That gave my life its start.
She turned me to the sunshine
And encouraged me to dream.
Fostering and nurturing
The seeds of self-esteem.
And when the winds and rain came,
She protected me enough.
But not too much because she knew
I'd need to stand up strong and tough.
Her constant good example
Always taught me right from wrong.
Markers for my pathway
That will last a lifetime long.
I am my Mother's garden.
I am her legacy.
And I hope today she feels the love
Reflected back from me.

Birthdays of the Month

Esther H (CC)	May 3
Bev D (AL)	May 3
Corina D (AL)	May 12
Diane J (AL)	May 17
June H. (AL)	May 19
Edward L (AL)	May 19
Henrietta (CC)	May 26



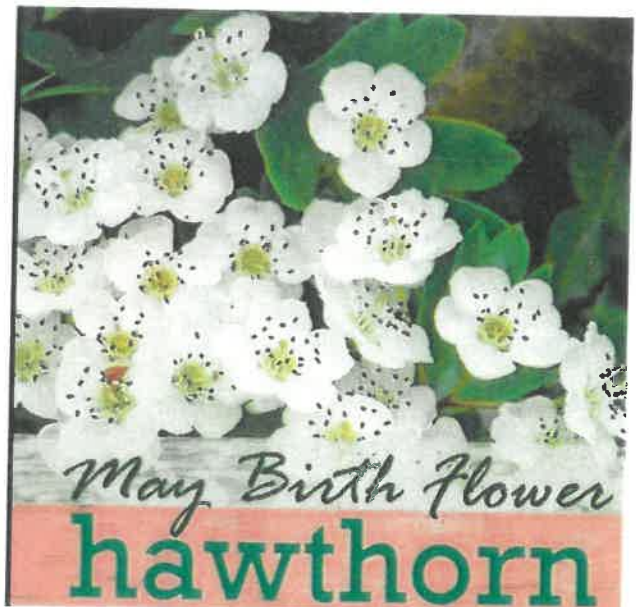
Keep your eyes and ears open in Mid– May for you may see and hear Mason Bees , come outside and check out their homes in the courtyards of Complex Care .

“ If it wasn` t for the bee, your apple would be nothing but a flower”

MAY BIRTHSTONE
EMERALD

Emerald, the birthstone of May, is considered a symbol of rebirth.

Emeralds are also believed to grant their owner foresight, good fortune and youth.



Here's some photos from Marguerite's 102nd Birthday Celebration



May bus outing: sign up sheets are available at the front desk CC and AL



Where: Romeo's

When: Thursday May 23rd

Time: Departure @ 11:00 am

Cost \$10 for bus plus food cost

Plant sale happening on Saturday June 1st

Please pre order your Roma tomato plants before they sell out \$2.00 each Sign up sheet are available at front desk CC and AL





May 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>May 12th is Mothers day</p> <p>May 20th is Victoria day</p>			<p>7 10:45 Soccer Residential Council Meeting CC 1pm - AL 2pm</p>	<p>2 11:00 Gold Chair Zumba class & 1-1 (AL) 1:30 Name that Tune (CC)</p>	<p>3 10:45 Yoga with Amy (CC) 1:30 Jeopardy</p>	<p>4 10:45 Soccer 1:30 Tea & Trivia 3:45 Music w/ Michelle</p>
<p>5 10:45 Hand Chimes 3:45 Penny Ante</p>	<p>6 10:45 Bocce ball & Mental Aerobics 1:30 Music with Jean Bedard</p>	<p>7 10:30 Music/Joan (CC) 1:30 Arts & Crafts</p>	<p>8 10:45 Horse Races 1:30 Bingo</p>	<p>9 11:00 Gold chair Zumba class & 1-1 1:30 Reminiscence</p>	<p>10 10:45 Yoga with Amy (CC) 1:30 Student helpers bowling (AL)</p>	<p>11 10:45 Soccer 1:30 Tea & Trivia 3:45 Music w/ Michelle</p>
<p>12 <u>Mother's Day</u> 1:30 Mother's Day Tea (AL) 3:45 Floral Arranging</p>	<p>13 10:45 Bocce ball & Mental Aerobics 1:30 Helping hands</p>	<p>14 10:45 Arts and Crafts 1:30 Music with Claddagh Clan</p>	<p>15 10:45 Bean bag toss 1:30 Music with Encores</p>	<p>16 11:00 Gold chair Zumba class & 1-1 1:30 Memory game</p>	<p>17 10:45 Yoga with Amy (CC) 1:30 Nail Care</p>	<p>18 10:45 Soccer 1:30 Tea & Trivia 3:45 Music w/ Michelle</p>
<p>19 10:45 Hand Chimes 1:30 CLA Church (AL) 3:45 Brain Gym</p>	<p>20 <u>Victoria Day</u> 10:45 Bocce ball & Mental Aerobics 1:30 Reminiscence</p>	<p>21 10:45 Arts and crafts (CC) 1:30 Music with Steve and Sherry (AL)</p>	<p>22 10:45 News and views/short stories 1:30 Music with Guy Marchi</p>	<p>23 11:00 Gold chair Zumba & 1-1 11:00 Bus outing to Romeo's</p>	<p>24 10:45 Yoga with Amy (CC) 1:30 Movie & Tea social</p>	<p>25 10:45 Soccer 1:30 Tea & Trivia 3:45 Music w/ Michelle</p>
<p>26 10:45 Hand Chimes 1:30 CLA Church 3:45 Badminton</p>	<p>27 10:45 Bocce ball & Mental Aerobics 1:30 Helping hands or Game</p>	<p>28 10:45 Arts and crafts 1:30 Birthday celebration w/Steve Bolger</p>	<p>29 10:45 Active Game 1:30 Brain gym</p>	<p>30 10:45 Gold chair Zumba class & 1-1 1:30 Reminiscence</p>	<p>31 10:45 Yoga with Amy (CC) 1:30 Month end paper work</p>	

Mother's Day

B G S T Y A Y U F Q H L S Q D
 U F N R D L O O R I M Z P D X
 F F W I I W R V B E N K E Z O
 L V L M R E J U Z U P X C Y M
 L R A O V A V I P Q I R I R H
 P F F E W B C H J I M B A O A
 P E R Y T E X W T N G O L Z C
 S M Z S S G R S D U H H M A F
 R E H T O M A S K F E D L M U
 Q K M L U F A M A M A W O Y Y
 Z O O V K C H I L D R E N A Y
 B V R A L G U W F K T L Y M C
 E M E Q F K I S S E S F V C Z
 V R O K F J T R T D O H Z Q X
 B A X M U V C B C T B I Y G N

BREAKFAST
 FAMILY
 HEART
 MAMA
 MOMMY
 UNIQUE

CARING
 FLOWERS
 KISSES
 MAY
 MOTHER

CHILDREN
 FOREVER
 LOVE
 MOM
 SPECIAL

