



March 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
CLA Church Service every second Sunday. Everyone Welcome					110:45 Yoga w/ Amy (CC) 1:30 Movie & Tea Social	210:45 Soccer 1:30 Tea & Trivia 3:45 Music w/ Michelle
3 10:45 Hand Chimes 1:30 CLA Church 3:45 Brain Gym	4:10:45 Bocce Ball & Mental Aerobics 1:30 Music w/ Jean Bedard (AL Side)	5:10:30 Music/Joan (CC Side) 1 30 Arts & Crafts (CC Side)	6. 10:45 Music Therapy w/ Suvi Residential Council Meetings 1-2 pm	7.11:00 Gold Chair Zumba Class &1/1 1:30 Helping Hands Or Game	8:10:45 Yoga w/ Amy (CC) 1:30 Movie & Tea Social	9.10:45 Soccer 1:30 Tea & Trivia 3:45 Music w/ Michelle
10 10:45 Hand Chimes 1:30 Art Therapy 3:45 Badminton	11.10:45 Bocce Ball & Mental Aerobics 1:3. Lets Baking	12.10:45 Arts & Crafts (CC) 1:30 Music w/ Claddagh Clan	13.10:45 am News & View & Short Stories 1:30 Student Helpers Bowling (AL Side)	14.11:00 Gold Chair Zumba &1/1 1:30 Music w/ Encores (AL Side)	15.10:45 Yoga w/ Amy (CC) 1:30 Movie & Tea Social	1610:45 Soccer 1:30 Tea & Trivia 3:45 Helping Hands
17 10:45 Active Game 1:30 CLA Church 3:45 Reminisc	18.10:45 Bocce Ball & Mental Aerobics 1:30 Helping Hands Or Game	19.10:45 Arts & Crafts (CC)	20.10:45 Music Therapy w/ Suvi 1:30 Music w/ Guy Marchi (AL Side)	21.11:00 Gold Chair Zumba &1/1 1:30 Helping Hands Or Game	22.10:45 Yoga w/ Amy (CC) 1:30 Movie & Tea Social	2310:45 Soccer 1:30 Tea & Trivia 3:45 Helping Hands
24 10:45 Active Game 1:30 Bingo 3:45 Mental Aero- bics	25.10:45 Bocce Ball & Mental Aerobics 1:30 Music w/ Steve Bolger (AL Side)	26.. Bus Outing to Jasmines	27.10:45 am News & View & Short Stories 1:30 Lets Bake	28.11:00 Gold Chair Zumba &1/1 1:30 Music w/ Steve & Sherry (AL Side)	29.10:45 Yoga w/ Amy (CC) 1:30 Month End Paper Work	3010:45 Soccer 1:30 Tea & Trivia 3:45 Music w/ Michelle
3110:45 Hand Chimes 1:30 CLA Church 3:45 Brain Gym				Birthay Party will be March 28th with Steve & Sherry		