



Ayre Manor Newsletter

MARCH 2016

Spring Ahead

**Time to move our clocks ahead one hour on Sunday March 13, 2016.
Don't be late for breakfast!**



Easter Service

W/Pastor Rick and Friends
When: March 23rd, 2016
10:30am in the AL Lounge

Noah & Zoe

We are excited to host Noah & Zoe and an afternoon of music and poetry. They are young children that have preformed here once before in 2014 and we are excited to welcome them again.



March Entertainment Listings

- March 3— Music Therapy with Satu— Complex Care South— 10:30 AM
- March 6 — Painted Piano — Assisted Living Lounge — 1:30 PM
- March 7 — Jean Bedard — Assisted Living Lounge— 1:30 PM
- March 9 — Joan Songhurst— Complex Care South— 10:30 AM
- March 10 — Steve and Sherry — Assisted Living Lounge— 1:30 PM
- March 13 — CLA Church —Complex Care South— 1:30 PM
- March 15— Claddagh Clan — Assisted Living Lounge— 1:30 PM
- March 17 — Victor Wells— Assisted Living Lounge 1:30 PM (Happy Hour) St. Paddy's Day
- March 21 — Sing-A-Long w/ Basil— Assisted Living Lounge— 1:30 PM
- March 23 — Guy Marchi— Assisted Living Lounge— 1:30 PM (Happy Hour)
- March 24 — Noah & Zoe performance — Assisted Living Lounge— 1:30 PM
- March 28 — Tom Gough— Assisted Living Lounge— 1:30 PM
- March 29 — Steve Bolger— Assisted Living Lounge— 1:30 PM
- March 30 — Mike Langley— Assisted Living Lounge— 1:30 PM (Happy Hour)
- March 31— Music Therapy W/ Satu— Complex Care South— 10:30 AM

We are so grateful that we have so many furry friends to visit us. We just ask that they wait till after the activity is over to visit everyone in the common areas of the facility. This way the residents can enjoy the activity without disruption and then choose themselves to partake in a visit if they'd like. Also a must is to keep pets away from the dining room and or residents area where snacks are being served. Thank you so much.

Spring is coming up fast upon us so we decided to push the Craft Sale back a month, (usually before Easter weekend) for Ayre Manor to be successful at making some lovely crafts to sell.

We are planning it for Saturday April 30th between 10-2.

Let us know in the Recreation Department if you'd like to help make any items that's we are planning to sell.

Thank you for your continuous support!

March Birthday Bunch

Aquamarine is the birthstone of March. It is said to promote safety and security, particularly when at sea.

March Bus Outing— Lunch at Romeos

Enjoy a delicious meal with us on

Wednesday, March 16th

Bus Leaves at 11:15 AM

Sign Up at Front Desk

Please Bring \$10 for the bus as well as money for lunch.



March 25th – March 28th

Easter - 2016

Easter is the most important religious feast in the Christian liturgical year. Christians believe that Jesus was resurrected from the dead three days after his crucifixion, and celebrate this resurrection on Easter Day, or Easter Sunday, two days after Good Friday. Easter is termed a moveable feast because it is not fixed in relation to the civil calendar. Easter falls at some point between late March and late April each year, following the cycle of the moon. Easter is linked to the Jewish Passover not only for much of its symbolism but also for its position in the calendar. Many cultural elements, such as the Easter Bunny, have become part of the holiday's modern celebrations, and those aspects are often celebrated by many Christians and non-Christians alike.

In North America, eggs and other treats are delivered and hidden by the Easter Bunny in an Easter basket which children find waiting for them when they wake up. Many families in America will attend Sunday Mass or services in the morning and then participate in a feast or party in the afternoon. In the UK children still paint coloured eggs, but most British people simply exchange chocolate eggs on the Sunday. Chocolate Easter Bunnies can be found in shops, but the idea is considered primarily a US import. Many families have a traditional Sunday roast, particularly roast lamb, and eat foods like Simnel cake, a fruit cake with eleven marzipan balls representing the eleven faithful apostles. Hot cross buns, spiced buns with a cross on top, are traditionally associated with Good Friday, but today are eaten through Holy Week and the Easter period. In the north of England and the north of Ireland, the tradition of rolling decorated eggs down steep hills is still adhered to.

