




January 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1. 10:40 Chair Fit (CC) 1:30 Helping Hands (CC)	2 10:45 Arts & Crafts (CC) 1:30 Music w/ Encores(A.L)	3 10:30 Music/Joan (CC) Residential Council Meeting CC 1pm - AL 2pm	4. 10:45 News & Views (CC) 1:30 Nail Care	5. 10:40 Yoga/Amy (CC) 1:30 Take down Decorations	6.10:45 Active Game (CC) 1:30 Tea/Trivia 3:45 Music w/ Michelle
7.10:45 Hand Chimes (CC) 1:30 CLA Church 3:30 Active Game (CC)	8.10:40 Chair Fit (CC) 1:30 Music w/ Brian Money (A.L)	9.10:45 Cooking Class (CC) 1:30 Music w/ Claddaugh Clan (A.L)	10 10:45 Music Therapy/ Suvi (CC) 1:30 Active Game	11.10:45 News & Views (CC) 1:30 Trivia / Social	12 10:45 Arts & Crafts (CC) 1:30 Helping Hands (CC)	1310:45 Active Game (CC) 1:30 Tea/Trivia 3:45 Music w/ Michelle
14.10:45 Hand Chimes (CC) 1:30 Art Therapy 3:30 Active Game (CC)	15 10:40 Chair Fit (CC) 1:30 Music w/ Jean Bedard (A.L)	16. 10:45 Arts & Crafts (CC) 1:30 Active Game (CC)	17. Bus outing to Jasmynes` 	18.10:45 News & Views (CC) 1:30 Brain Games	19 10:40 Yoga/ Amy (CC) 1:30 Bingo (CC)	20.10:45 Painted Piano Recital 1:30 Tea/Trivia 3:45 Music w/ Michelle
2110:45 Hand Chimes (CC) 1:30 Art Therapy 3:30 Active Game (CC)	22 10:40 Chair Fit (CC) 1:30 Nail Care (CC)	23 10:45 Cooking Class (CC) 1:30 Reminisce (CC)	24 10:45 Music Therapy/ Suvi (CC) 1:30 Music w/ Guy Marchi (A.L)	25 10:45 News & Views (CC) 1:30 Robbie Burns AL Side	26 10:45 Arts & Crafts (CC) 1:30 Helping Hands (CC)	2710:45 Active Game (CC) 1:30 Tea/Trivia 3:45 Music w/ Michelle
2810:45 Hand Chimes (CC) 1:30 Art Therapy 3:30 Active Game (CC)	29 10:40 Chair Fit (CC) 1:30 Happy Hour/ Steve Bolger	30 10:45 Arts & Crafts (CC) 1:30 Office Time	31. 10:45 Bingo (CC) 1:30 Active Game (A.L)	January Birthdays will be celebrated on January 29th		